Families' Requests of the Mental Health System

- 1. We want mental health illnesses to receive the same respect, attention, parity, and solutions as cancer, heart disease and other diseases.
- 2. We want the **development and use of effective psychiatric and treatment remedies** and solutions for mental illness, on par with other diseases.
- 3. We want the system to respect families, mothers, and other primary care givers.
- 4. We want the misogyny of mental health to be examined, addressed, acknowledged and removed from the system.
- 5. We want **providers to know HIPAA Privacy Rule** 164.510(b)(3): Providers have the authority to talk with someone who can prevent harm without a release of information.
- 6. We want to be involved in our adult kids' medical treatment when they are incapable of making health care decisions for themselves.
- 7. Per *HR 2646, The Helping Families in Mental Health Crisis Act,* we want providers to accept health and trauma history, and if we request, keep it confidential.
- 8. We want **agreement on Imminent Danger (Harm):** Incapable of making health care decisions, psychotic, incompetent to stand trial, or diagnosed with anosognosia.
- 9. We want our loved ones to have the time in mental health facilities they need to heal, as with other diseases.
- 10. We want a **solution to anosognosia**, a neurological condition, "without knowledge of disease," and death by self-neglect called anosognosia not recalcitrant homelessness.
- 11. We want **mental health care and facilities instead** of having to go through the **criminal justice system** to get treatment, and **jails used as hospitals**.
- 12. When **interventions** are needed for people with mental illness we want them administered by people trained in mental health, without lethal weapons.
- **13.** When we report our kids are threatening suicide we want to be believed, and effective action used.
- 14. We want all **mental health care providers trained and certified in the value of families and using family-centered care,** evidenced to produce results in recovery.
- 15. We want **mental health providers allocated the time** to treat our loved ones as part of a family.
- 16. We want **training and positions for peers** in the care of others living with mental illness in all areas of treatment.
- 17. We want Emergency Departments staffed with mental health providers and peers.
- 18. We want hospitals to **notify family** as with other illness, **and obey laws prohibiting releasing people** without food, shelter, medical treatment and a discharge plan.
- 19. We want a National database of mental health care solutions and facilities.