

Recommended Films and Documentaries

Work in Progress 9.27.26

Recovery and Hope

The Other 1%: An Overview of Homelessness – Documentary by Michael Morrissey

A video interview project by Michael Morrissey Spirit House Productions, exploring homelessness through the voices of people who have experienced it and those working to end it.

<https://spirithousepro.com/homelessness-the-other-1/>

Looking Brighter: Surviving Psychosis, from One Mind. This follows Chris Ferrari, his family, and the UC Davis Early Psychosis Program as they work together on recovery. One Mind describes it as an inspiring recovery journey. <https://onemind.org/short-films-documentaries/looking-brighter-surviving-psychosis/>

Brain Waves from One Mind - How Early Psychosis Intervention Helps <https://onemind.org/video-interviews/brain-waves/how-early-psychosis-intervention-helps>

People Say I'm Crazy. Made by John Cadigan, who has schizophrenia, about his own life. The official site describes it as ultimately optimistic, with a strong emphasis on family, treatment, creativity, and the possibility of a meaningful life. <https://www.peoplesayimcrazy.net/>

Systems That Work Differently

The Definition of Insanity. The “solutions” follows Miami-Dade’s effort to divert people with serious mental illness from jail into treatment. PBS calls it an inspiring story and explicitly presents recovery as possible.

<https://www.youtube.com/watch?v=mAcymDSquqw>

Families and Serious Mental Illness

Out of the Shadow. This is very aligned with this work because it is about a daughter, her mother with schizophrenia, the public mental-health system, family burden, dignity, and eventual recovery. The filmmakers describe it as a story of reclaiming dignity and building a life worth living.

<https://outoftheshadow.com/>

Films about living with Mental Illness

Mr. Jones from 1993. Richard Gere plays a man with bipolar disorder who is hospitalized after a manic episode. It is a drama with a hopeful ending, although the psychiatrist-patient romance is not something I presented as a realistic model of treatment. <https://www.sonypictures.com/movies/mrjones>